



Coronavirus Risk Assessment for Delivering PE in Primary Schools

Key principles for delivering safe PE in primary schools:

- Use large, ventilated spaces where possible
- Deliver appropriate activities to the current circumstances
- Minimise contact with other staff members and pupils – keeping a 2 metre social-distance where possible
- Deliver to consistent groups of appropriate sizes (bubbles)
- Be aware of 'at-risk' pupils/staff and plan accordingly
- Minimise the use and handling of equipment where possible
- Clean frequently touched surfaces (including equipment)
- Wash hands frequently as part of a clear hygiene regime – which should include a school policy for clothing – washing and changing
- Ensure good respiratory hygiene
- Ensure pupils are regularly informed about what good hygiene is.

Staff knowledge: All staff have undertaken the [Coronavirus \(COVID-19\) Awareness](#) online course.



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Specific Areas

Facility

Considerations	Control
Environment: - Is it suitable to the exercise being delivered and the number of pupils? Is there enough, ventilated space between participants? - Is it CLEAN and suitable for use? - Entering and leaving the facility	- Deliver PE sessions outdoor whenever possible. Indoor PE to involve activities requiring less space, fewer numbers in the class, ventilating the room with windows open etc. Students can work in their own zones which may be marked out, depending on allocated teaching space. - Visual risk assessment – ensuring it is CLEAN, ventilated and suitable for the session to take place – size in relation to group size and activity being delivered. Communicate with school. - Tie-in with school policy – one-way system, single-file and socially-distanced etc.



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Equipment

Consideration	Control
Use of equipment: Current circumstances – what is allowed or SENSIBLE?	Minimising equipment where possible. Trying not to use the same equipment with another group for 72 hours if possible and realistic. Cleaning equipment after-use – particularly if it needs to be used again by different people. One coach sets up and packs away equipment with pupils encouraged to just look after their own.

Protective Measures and Hygiene

Considerations	Control
Coach/Staff: Personal	Coach/Staff: Washing hands regularly and provided with appropriate materials; hand-sanitiser, face-masks (where appropriate if school have policies). Ensure they have always got tissues available and a 'catch-it, bag-it, bin-it' procedure is adhered to.
Pupils (School):	Pupils (School):



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• Personal	• Washing hands regularly and provided with appropriate materials by the school. Ensure the school have enough tissues available for a 'catch-it, bag-it, bin-it' approach.
• Changing areas – are more than a class using a changing area in a day?	• If used, these should be cleaned after every lesson – Wiping of surfaces is a reasonable approach. • Attending school with PE kit on will limit the need to use changing rooms. • Ensure sufficient standard cleaning equipment is available in all changing areas. • Social distancing measures still apply and marking out areas which cannot be used will help you to manage the area effectively.
Coach (Staff): • Communication	• Consistent to school policies

Clothing

Considerations	Control
Coaches/Staff • How often should clothes be washed?	• At the end of each day after getting home
Pupils (School):	• After wearing for a single PE lesson



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• How often should PE clothes be washed? • Getting changed	• Come to school in PE kit – back up idea if outdoor PE and the weather is bad
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Learning

Considerations	Control
Size and breakdown of class: • The pupils being delivered to • Pupils in 'at-risk categories' – including race and disability Outcomes: • Revised expectations of lesson outcomes • Many team games require contact with others and equipment	• Remain in class bubbles for PE • Prior knowledge of these children required and lesson plan adapted accordingly Outcomes: • Agreement between teacher/Headteacher and company about revised outcomes • Team games to be avoided – but skills can still be developed if appropriate to current circumstances – for example, dribbling a football, passing and shooting (no handling involved).

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Risk Assessment performed by:



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